Nutrition Facts

Serving Size 2 Cups (30g)

Amount Per Serving

Calories 160 Calories from Fat 100

% Daily	y Value*
Total Fat 17g	17 %
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 5g	
Monounsaturated Fat 3g	
Cholesterol less than 5mg	0%
Sodium 125mg	9%
Total Carbohydrate 13g	4%
Dietary Fiber 2g	8%
Sugars 1g	

Protein 3g

Vitamin A 0% · Vitamin C 0%

Calcium 2% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

_	Calories:	2,000	2,500
Total Fat	,	65g	80g
Sat Fat		20g	25g
Cholesterol		300mg	300mg
Sodium		2,400mg	2,400mg
Total Carboh		300g	375g
Dietary Fibe		25g	30g

Calories ner gram.

PRODUCT: ERIN'S POPCORN

FLAVOR: WHITE CHEDDAR

INGREDIENTS: POPCORN, CORN OIL, CHEDDAR CHEESE (PASTEURIZED MILK, SALT, CHEESE CULTURE, ENZYMES), BUTTERMILK, WHEY, SALT AND NATURAL FLAVORS.

CONTAINS: MILK

2015-06-12 Data subject to change. Refer to packaging.

TIM'S CASCADE SNACKS 1150 Industry Drive North Algona, WA 98001 1-888-310-3747 timschips.com