

Nutrition Facts

Serving Size 2 Cups (30g)

Amount Per Serving

Calories 170

% Daily Value*

Total Fat 11g **14%**

Saturated Fat 2g **10%**

Trans Fat 0g

Polyunsaturated Fat 6g

Monounsaturated Fat 3g

Cholesterol less than 5mg **1%**

Sodium 135mg **6%**

Total Carbohydrate 15g **5%**

Dietary Fiber Less than 1g **2%**

Total Sugars 1g

Incl. Added Sugars 0g **0%**

Protein 3g

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 0.8mg 4%

Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT:
ERIN'S POPCORN

FLAVOR:
WHITE CHEDDAR

INGREDIENTS: POPCORN, CORN OIL, CHEDDAR CHEESE (PASTEURIZED MILK, SALT, CHEESE CULTURE, ENZYMES), BUTTERMILK, WHEY, SALT AND NATURAL FLAVORS.

CONTAINS: MILK

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Data subject to change.
Refer to packaging.

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